**Capstone ePortfolio 2018**

***Job Shadow Reflection***

***Choose the one job shadow experiences out of the three that had the largest impact on you and your career goals. Write a final reflection piece for your capstone portfolio using the following questions as a guide to evaluate the experience and identify what you took from the experience.***

1. **Identify where the job shadow took place and who you were observing. (organization and the job title of the person you were shadowing)**
2. **Discuss your thoughts going into the shadow experience. (For example, were you nervous going into a place of business, were you excited thinking this was going to be a great experience because you thought it was the perfect career for you, or were you just trying to get the job shadow over.)**
3. **Describe the job shadow experience. (What did you do? What was your day like?)**
4. **What did you learn through the experience? (For example, the education requirements, salaries, work ethic, time commitment involved in the particular profession)**
5. **Describe the effect the experience had on your career goals. (Did it further affirm your feelings about the career choice, or did alter your career path in any way?)**
6. **What kind of impact did the experience have on your plans after high school? (for example, did it reemphasize the need for a college degree, did it get you thinking about even going beyond two or four years of college?)**

***The job shadow experience reflection must a minimum of one page, double spaced and 12 Font. Please try to reflect on the whole experience, what you were able to take from the job shadow and how it may change your steps going forward.***